

## Calculating a Weekly Average Meal Cost

### Example

Steps:

1. Select a menu for a week (5 consecutive days)
2. Determine the unit price for each individual item or items for a recipe.
3. Calculate the cost per meal per day.
4. Add the costs per the five days.
5. Divide by 5 to yield a weekly average meal cost.

Examples:

#### Adult lunch

Monday 2.51

Tuesday 2.55

Wednesday 2.52

Thursday 2.57

Friday 2.49

Total: 12.64

Average: 2.528, rounded to \$ 2.53

#### Student breakfast

Monday 1.35

Tuesday 1.71

Wednesday 1.33

Thursday 1.67

Friday 1.65

Total: 7.71

Average for single option: \$1.54

Added second option: \$2.03